

Volume 36 • Issue 2 • April 2022

Handbell Musicians

## From the Chair

by Anita Fraundorf

Once upon a time, there was a 20-something woman new to a church. In the bulletin she read that they were looking for people interested in playing handbells. It piqued her interest, but she figured that there were probably long-time church members who would fill those ringing spots. But the thought of joining the group stayed in the back of her mind and, with the encouragement of a family member, she decided to go to the first rehearsal. Low and behold, there was a  $G_4A_4$  spot for her in that two-octave set and a friendly face and voice standing next to her. The journey began.

That was me nearly 45 years ago. Being part of the handbell community has been an adventure, both musically and personally. That first experience with a C & E group (Christmas & Easter performances) led me to my next adventure—the adult choir (Cast in Bronze) at First United Methodist, Duluth, under the direction of Bill Alexander. I experienced my first Area 7 Festival in 1990 with many more Festivals to follow. When the two-octave set of bells left my home church because the director moved, we raised the money to purchase a three-octave set, and then they put me in charge (what were they thinking?). The journey continued.

My first experience at the handbell board level was when Cindy Alexander asked me to co-chair the 2004 Area 7 Festival being held in Duluth. Since then, I've had the opportunity to serve at the Sub-Area Chair level, chair another Duluth Festival (2012), and now, the honor and opportunity to serve as the Chair of this life-changing organization we call Handbell Musicians of America. The journey continues.

I ask you this: what will you say "yes" to? Might it be ringing in a different position? Trying your hand at switching places with your director for one piece? Encouraging non-members to join the organization? Attending a local workshop? An Area 7 event? What about a National event? An *International* event (August, 2022 in Nashville)? Maybe serving on the Area 7 Board? In my experience, saying "yes" to a new challenge has added so much to my life. Why not give "yes" a chance? I don't believe you will regret it.

## **Board Notes**

In early May there will be an online election to select the next Chair Elect, Secretary, and Treasurer for the Area 7 Board. You will receive information by email to let you know how and when to vote. The bios and photos of the candidates are in this newsletter and will be on the Area 7 website. Results of the election will be announced at the Festival Conference and will be on the website at the conclusion of the Festival.

Speaking of the Festival Conference, registration is now open for that event which is happening in Duluth, MN, June 10-12, 2022, with a special pre-festival activity on Thursday, June 9! Bring a choir to the Festival or come as an orphan. You will find more details elsewhere in this newsletter. The majority of the Board members will be in attendance at this event and are looking forward to meeting you!

While the Festival might seem foremost in the minds of Board members right now, we continue to plan for KidsRing and Anthornis in the fall. And don't forget that we can help with local workshops, including some financial grants to assist with expenses. Contact your Sub-Area Chair or the Board Chair whose contact information can be found in this newsletter.

If you are interested in advertising in Clapper Chatter, we have a variety of plans that could fit your needs.

There is a 15% discount to those advertisers paying in advance for an entire year (four editions).

\$30 for business-card size per edition \$55 for 1/4 page per edition \$65 for 1/2 page per edition \$80 for full page per edition

If you would like to know more or have questions, please contact Bill Alexander at

editor.area7@handbellmusicians.org

Please know that you have a very hardworking, dedicated Board of Directors, all of whom are volunteers. Alanna Teragawa, Events Coordinator, and Trevor Lee, Registrar, have been working for months to organize the details and create the online registration process for the Festival Conference. Our Editor, Bill Alexander, is one of the Clinicians. Other members are teaching classes, serving as liaisons for clinicians, classroom instructors, specialty choirs, HIC (Handbell Industry Council), plus procuring needed equipment (and hauling it to Duluth), not to mention setting up the classrooms and ringing areas. It is a labor of love and we do it for the ringing community we love—and that's YOU. Area 7 members!

## Area 7 Colleges and Universities with Handbell Programs/Choirs

Concordia College (Moorhead, MN)
Concordia University St. Paul (St. Paul, MN)
Concordia University Wisconsin (Mequon, WI)
Dakota Wesleyan University (Mitchell, SD)
Gustavus Adolphus College (St. Peter, MN)
St. Olaf College (Northfield, MN)
University of St. Thomas (St. Paul, MN)
University of Wisconsin Oshkosh (Oshkosh, WI)
Valley City State University (Valley City, ND)

Please contact the Chair if there are any additions or corrections to this list.

We are also looking to acknowledge any elementary, middle school and/or high school handbell programs in public or private educational settings. Email information to: <a href="mailto:chair.area7@handbellmusicians.org">chair.area7@handbellmusicians.org</a>



7209 Morgan Ave S 612-208-1741

www.heitzhandbells.com

Richfield MN 55423 877-426-3235

heitzhandbells@yahoo.com



## From the Area 7 Membership Chair

Happy Spring! It is so good to have warmer temperatures and more sunshine!

The latest Area 7 membership report for March indicates that we are 247 members strong, including both individuals and organizations. This number is slowly creeping upward again after a large drop in membership during the pandemic. Most of you Area 7 members reading this have a March 31 membership renewal date, and hopefully you have that renewal sent in already! If you have forgotten, please remember to renew soon. Wouldn't it be great if we could grow that number to include even more people!

Do you know other groups in your area who are not members? Introduce them to HMA and encourage them to join. Directors, encourage your ringers to get sub memberships for only \$10 a year, that's less than \$1 a month. Or better yet encourage ringers and friends to get individual memberships for \$95, which is less than \$8 a month. Share with them the benefits and joy that being part of this nationwide team can bring. HMA members have access to all resources and programs in their individual areas (Area 7) as well as National programs, resources, and education. Group memberships—individual memberships—full-time student memberships—sub-memberships—business memberships—retirees... there's something for everyone! <a href="https://files.handbellmusicians.org/docs/MembershipPromo-General.pd">https://files.handbellmusicians.org/docs/MembershipPromo-General.pd</a>

There are many resources available on both the Area 7 website and the national Handbell Musicians of America website. So be sure you are logging in and using them. If you have questions about your membership you can contact me at <a href="Membership.Area7@handbellmusicians.org">Membership.Area7@handbellmusicians.org</a> or <a href="Kim Braswell">Kim Braswell</a>, our Regional Membership Coordinator at <a href="kbraswell@handbellmusicians.org">kbraswell@handbellmusicians.org</a>. Also please remember to update your contact information if you have made changes!

For questions about Area 7 events, programs, or for handbell support, contact your Area 7 Sub-Area Chair as listed on our website <a href="https://area7.handbellmusicians.org/area-7-board/">https://area7.handbellmusicians.org/area-7-board/</a>

I hope that as you read this issue, most of you are back to ringing bells in some way. It is great to be back together and making music once again. See you in Duluth!

~Deb Madel Area 7 Membership Chair Membership.Area7@handbellmusicians.org Thank you to all the members who renewed their membership! Please invite others to join and consider adding your ringers for only \$10/year per person. Let's keep our handbell organization strong and vital both now and into the future!

There are many ways to keep up with what Area 7 is doing.

The more you explore, the more you will know. Click for more.







## Our Area Handbell History

#### by Area 7 historian, Dan Ahlman

It's hard to believe, but my handbell choir Festival Ringers of Zion Lutheran Church, Hopkins, MN will celebrate our 30th anniversary this fall. It has been an amazing time of ringing and praising God. When we started, we had a limited amount of ringing experience. I could read the treble clef a little bit and started in some easy positions on the top of the treble clef. I now ring at the bottom of the bass clef for our four octave choir. We learned about Area 7's festival at the beginning of our second season and went to our first festival in 1994 in Bemidji and have had ringers at every festival since then.

Some other interesting history for our area is with our festival. We have been having festivals since the 1970s, and we have been all over our area for festivals and have had many of the top composers and arrangers as clinicians and directors.

I hope this helps you think about the history of your handbell choir and the blessings of being able to praise God with our music. I am looking forward to this year's festival in Duluth in June and hope to see lots and lots of wonderful ringers praising God at the DECC.

### **Area 7 Festival Rehearsal Notes**

by Bill Alexander

Rehearsal Notes Area 7 Festival Conference 2022

#### **General Comments:**

I am delighted to be one of your conductors for the Area 7 Festival, and look forward to our time together in June. A lot of preparation has gone into making this a memorable and musical experience. Your efforts to prepare the music before the festival will benefit everyone. I believe that I am an extremely easy conductor to follow, but that means nothing unless you are able to look up and see what I'm doing.

Massed ringing is unlike any other musical event. No matter how well your group plays together, massed ringing will be a challenge. Identify all tempo changes and musically rough areas, and work them until you feel comfortable looking away from the page. Because of the limited time for rehearsal, it is even more important that the pieces are well prepared.

I have never cared for rehearsal notes that simply say the same things that are on the music. I will only be writing about items that may not be specifically notated on the page.

For those of you who have never met or worked with me, I can assure you that my goals for this and any festival, concert, service, rehearsal, or workshop are to make music sound like music and to have fun in

the process. We WILL have fun! See you in June.

#### Massed

**Sojourner's Prayer** Karen Buckwalter AGEHR AG36060

I can't wait to hear this in a massed setting! The key to this is going to be how well we handle our dynamic changes and our damping and LVs. Overdo the dynamics. If you begin to think you're getting too soft or too loud, you're most likely just about there. The LVs and damping are vitally important due to the abrupt, but lovely, changes to the harmonics. Many of those changes are not going to be forgiving if some of the notes from the previous chord bleed in. High bell mallet people—make sure that the mallets you choose are a different timbre than the actual sound your bells make when ringing. I would like a brighter, harder sound, but played lightly.

**Roundelay** Judy Phillips Red River RRBL5050

This is one of the three pieces in Judy Phillip's *Triptych*. This piece is listed as level 3+, but honestly, it's much harder than that. Take your time working on it... slow is the way to go. If many of us start out practicing with the posted metronome markings, it won't end well. The changing meter feel will be easier after a few times through. Beginning at measure 39, I will make the attempt to conduct mostly in "1", but that assumes I can get us all to the performance tempo. No matter what, make it feel like "1". Measure 46 will probably be an issue. The marts on beats 5 and 6 are usually late. Just don't let it happen. Once we get to measure 6, the meter will continue in "6", but we need to hear and feel the pulses reminding us that "3" is still around somewhere. Bring out that "3" feel each time it comes up. It will happen in all the registers eventually.

—continued on page 6

## Deadline for the Next Issue Is July 1



#### STAY UP TO DATE WITH US!



www.rr.org



/RaleighRingers



@RaleighRingers



@RaleighRingers

Look for the Manitoba Guild's newsletter

<u>Ringers' Roundtable</u>

on our website

#### **Area Events Calendar**

June (9)10-12, 2022 – Area 7 Festival Handbell Conference

Duluth, Minnesota – Duluth Entertainment and Convention Center (DECC)

(Thursday evening - optional pre-Festival events), classes and rehearsals Friday and Sunday.

**Clinicians: Cathy Moklebust, Bill Alexander**, and **Karen Van Wert**, with experienced faculty teaching a variety of classes on Friday and Saturday.

June 10, 2022 - Strikepoint in Concert

7:30pm Friday Symphony Hall, DECC, Duluth, Minnesota

Tickets available to the public online or at the door. Festival registrants admitted free.

## June 12, 2022 - Closing Concert of the Festival Handbell Conference

1:30pm open and free to the public at the DECC, Duluth. A food or cash donation to the local Foodshelf will be collected.











Join us at the Area 7 Festival in Duluth!

Featured Ensemble opening concert
Friday, June 10 • 7:30pm



strikepoint.com • Artistic Director Bill Alexander • Duluth, Minnesota

#### -rehearsal notes, continued from page 4

On the last note, start practicing to have all bells (and hands) down. Nobody should be left holding up a bell. I guarantee that even though this may be our hardest massed piece, if enough time and effort is put in, it will be most everyone's favorite.

#### **Acclamation on Azmon**

Arnold Sherman Agape 2395

If you dashed to your music library and were delighted to see that you already owned "Acclamation on Azmon", take a good look at the publisher number! Arnold Sherman also had this same piece published by the same publisher, in the same key, and it's virtually the same piece. The main difference is that it's an expanded version with brass. If you have Agape #1363, you have some decisions to make. You can have your group play this version with only a few musical changes. Or you can purchase a new set. If you choose the first route, I recommend that you purchase a new copy and check out the few places that add or subtract a technique. Same number of measures, same tempo, same structure. No matter what, we won't have time to walk the massed group through every change during rehearsal.

Measure 3 has a marked martellato; do the same thing to measure 17. This will be our concert finale! What more could we add to make this bigger? How about having all of you sing the final verse? Beginning at the pickup to measure 58, we will sing 4-part harmony. Most of it is unison/octaves. It's just the 6-measure "Amen" at the end that will need more work. The choral score is printed on the back of the handbell part. Come prepared.

After three years, I have allowed myself to change my mind on the singing. Wisdom alway follows with enough time. We will not sing the ending.

#### **Bronze**

#### **Toccata Ritmica**

Michael Joy Red River RRG5004

Not to frighten any of you, but this piece is listed as a level 6 in some locations. The promotional recording is traveling at a speed of about 210 bpm. That's illegal in Minnesota, so don't try it! My vow to you is, we will only go as fast as WE can play it. That doesn't mean you shouldn't push to see how fast you can get it (played well) or that I won't push us constantly during our time together in June. It means we will not perform this any faster than we can handle musically. The marked tempo is 164-176. 164 is about as fast as I

would feel comfortable conducting in "4". After that, I move to cut time. I highly recommend rehearsing as long as possible in 4/4 so the accents get placed solidly.

Directors—This is going to take some score study. There are 94 meter changes! And there are techniques that we rarely see put together, like mart lift and shake, rhythmic mart lift/tower swings. And on top of all this, there are (believe it or not) dynamic changes.

I think the hardest part, from a rhythmic standpoint, starts at measure 66 with the introduction of 8/8. Conduct and play this, and all others like it, with pulses grouped as 3+3+2. It's going to be difficult to get to beat 1 of the next measure in time. Slow and deliberate looped practice is the only way.

At this point in your practicing this may be difficult, but have fun and find joy in the process. Whenever I would give my high school band a horribly difficult contest piece, they would tend to hate it, often quite verbally so. By the end of the contest, concert, school year, and years after graduation, they would, almost without exception, say that it was their favorite piece. I hope the same happens with you.

## Additional rehearsal information after three years of thought:

#### **Toccata Ritmica**

I've gone through the piece again (actually many times), and found some things to look out for and some ways of making practice possibly work better. I'm sure you have probably already done, or found, most of these, but here they are anyway:

From measures 3-10, look for the accents. I recommend having the treble bells clap them as bass and stems-down treble play their parts.

Conduct measures 30 and 31 in 6/8. This will help set up the middle line, especially the G4. After that, conduct in the written time signature for the treble and low bass line. The middles will continue in "6" effortlessly until measure 44.

Starting at measure 66, conduct in 8/8 (3+3+2 in a three pattern). This will also help the feel of the piece.

At measure 109, remind the middle bells that you will be in "3" and they should get into the same 6/8 feel as

-continued on page 8



Twin Cities Bronze
announces Interim Artistic
and Music Director
Timothy O'Grady for the
2022-2023 season.

Tim has been a ringing member of the Twin Cities Bronze since 2016 and has a strong vision for maintaining the group's tradition of musical excellence during the uncertain times ahead. "I'm sure I was not the only one who expected the 2021-22 season to be a return to normal—and I'm sure I'm not the only one who is surprised by how many obstacles we've had to face and continue to face in the pursuit of that return. Therefore, my vision for Twin Cities Bronze in 2022-23 is not to break new ground. It is not to push the ensemble out of its comfort zone or to rock a well-established boat. Instead, my goal for the coming season is to foster a sense of confidence that will allow the group to forge ahead. I want to reinforce the foundations of the ensemble so that it can grow in the years to come."

Tim currently serves as the Director of Bell Choirs at Plymouth Congregational Church in Minneapolis. He completed his studies in music and film studies at St. Olaf College in 2016.

Amy Maakestad's final concert as
Twin Cities Bronze
Artistic and Music Director

May 1, 2022 4:00pm

Peace UMC Community of Faith 5050 Hodgson Road, Shoreview MN Free-will offering



An engaging program that encompasses the entire spectrum of handbell repertoire concludes our performance season. Experience the energy, precision, and musicality of this ensemble as Amy Maakestad leads her final concert as Artistic and Music Director.

#### **Twin Cities Bronze**



Presents

Cathy Moklebust and

Ready. Set. Ring!

Enjoy a day of ringing and fellowship as we explore a wide variety of repertoire from many composers. Review or learn the techniques required for successful performance, strategies for teaching tricky passages, and how to turn the notes on the page into beautiful music.

Saturday, September 24, 2022

8:30am - 3:30pm

#### Path of Grace UMC

759 County Road B East, Maplewood MN 55117

\$40/person

Registration is open NOW! www.TwinCitiesBronze.org

After August 1, 2022 \$50/person

Bring your own snacks, beverages, and lunch.
All music and equipment provided.
Heitz Handbells and Music will be there!

Everyone leaves this Workshop a better handbell musician. Come by yourself, bring a few friends, or attend as a complete choir. Don't forget to bring gloves and a standup binder.



Our Mission Statement: to provide musical excellence through innovative performances and education using the medium of handbells

PERFORMING. INNOVATING. EDUCATING.

—rehearsal notes, continued from page 6 they did in measures 30–44 as soon as they can. This will go through measure

they can. This will go through measure 119. Again, the G4 is key.

I hope this helps a little. Just keep plugging away. All will be fine. ~Bill

#### **Faith That Never Dies**

Kimberlee Strepka From the Top Music 20287 This is a beautiful piece, and one that is deceptively difficult, both technically and musically. If you listen to the promotional recording online, you should be aware that it is being played at half note = 76. I would like you to aim for 70. I will probably take it a little slower than that. Most of the ritardandos will be just stretching out the measure until we go back to "a tempo." Really work on the chromatic run at measure 61. It needs to be damped, crescendoing, and slightly slowing down. How hard could it be? The speed we end up with at the end of the "molto ritardando" at measure 82 will be the speed of the next section (about quarter = 62). Measure 100 should be marked "Tempo I". Put a "tenuto" on the "and of 4" on measure 132. I'll just stretch it a bit.

The following is some additional information (which I will follow) from Kim Strepka:

"Thank you very much for doing one of my pieces! Just so you know, the tempo on the recording (and even in the score) is a bit too aggressive. It should really be a bit slower. When the choirs begin rehearsing it, they'll appreciate not having to ring it up to tempo. It was performed at Distinctly Bronze East one year under the direction of Jason Wells, and even those ringers were challenged with the tempo."

These and all rehearsal notes from each of the Festival conductors can be found at *this link*.

## Area 7 Festival-June 10-12

Have you registered for the Festival Conference?

DO IT TODAY AT THIS LINK

#### Want to ring more at the June Festival Conference?

Apply to one of the *Specialty Choirs* TODAY. Final placements will happen April 3rd.

#### Can't attend the Festival Conference?

Can we borrow your equipment for classes? They will be fully insured. Contact Michelle Finlon at *Chime.area7@handbellmusicians.org* 

#### Additional Festival Information for the following items is **HERE**.

Click on "Festival Informational Documents" at the top right of the screen.

#### Have you booked your hotel reservations?

Find the list of Duluth hotels who are offering Festival discounted rates.

Less than full choirs are welcome at the Festival.

#### **Contact the Registrar for more information:**

registrar.area7@handbellmusicians.org

Want to perform during the Festival Saturday Mini-Concert?

Contact Jordan Goodwater:

MinnesotaNorth.area7@handbellmusicians.org

## **Upcoming National Events Calendar**

July 30 - August 1, 2022 - College Ring-In

Nashville, Tennessee

July 31 – August 1, 2022 – *National Seminar Experience!* 

Nashville. Tennessee

August 1 - 6, 2022 - International Handbell Symposium

Nashville, Tennessee

August 2 - 5, 2022 - International Youth Symposium

Nashville, Tennessee









## It's Area 7 Election Time!



The Treasurer. Area 7 voted upon by

the membership and the results are typically announced at the Area 7 festival. The nominating committee has presented an excellent slate of nominees for these positions.

You will receive information on this election from the National Handbell Musicians of America, shortly. There will be clear instructions and deadline dates along with the link to your ballot.

#### For the Office of Chair-Elect

#### Mark Abelsen



For over twenty years, Mark Abelsen has been directing, accompanying and leading worship and theater experiences in the Twin Cities. His work has spanned many ages and genres, having worked with organizations such as the Minnesota Boychoir, the National

ELCA "Glocal" Music Educators Program, and Minnetonka High School and Community Theaters. Mark has served as Director of Worship and Music at Mount Calvary Lutheran Church in Excelsior, MN since 2009, directing the Chancel Choir, Handbell Choir, and Saturday Night Worship Band, as well as overseeing the worship, music, and outreach staff. He has toured twice with the Mount Calvary Handbell choir to Germany, including performances celebrating 500 years of Luther's Reformation in Leipzig and Wittenberg. Mark currently attends graduate school at Luther Seminary and now serves as intern pastor at Mount Calvary. Since 2014, Mark has been on the Board of Theatre 301, an outreach community theater ministry at Mount Calvary, where he has served as the Music Director for many large-scale musical theater productions. He has also served as accompanist for the Minnetonka High School Choirs since 2009. And musical director for Minnetonka Theatre since 2019. Mark lives in Chanhassen with his wife, four children, and springer spaniel.

#### Paul McKenzie



Paul McKenzie has been ringing and directing adult, youth, and children's handbell choirs for over 35 years, although he stumbled onto handbells quite by accident. Paul attended Concordia College, Moorhead, MN, where he earned a BA in K-12 Music Education (vocal and instrumental), but upon

graduation went to Berlin, Germany, to play percussion in the 298th Amy Band (Paul likes to say that he was defending our country with a snare drum during the Cold War!). Paul then returned to the States and taught high school choral music in Mahtomedi, while also directing church choirs in the area—but still no handbells.

Using his GI Bill, Paul earned a Master of Music in Church Music degree from Westminster Choir College. So, here is where fate took over.

Needing to take a "church music" elective, Paul decided to take Handbells 101 which was taught by Donald Allured. "My eyes were opened," says McKenzie after encountering the handbell world a la Allured, especially at 8:00 in the morning. "Seriously, the course was designed to teach us proper techniques, AND how to be good bell directors." Paul's first full-time Music Minister position was at a church that really valued good music making especially handbells.

He has served in full-time music ministry in Presbyterian and Lutheran churches in New Jersey, Illinois, and Minnesota. Upon moving back to Minnesota, Paul became a charter member of Bells of the Lakes, which gave him valuable performing and teaching experiences. Paul has taught percussion and stopped techniques at handbell conferences including a national seminar, and at music week on the Isle of Iona, Scotland. Paul retired from full-time church work in April 2021, and now has a part-time handbell position in the Minneapolis area, and is a freelance percussionist.

Paul says, "If elected, I will strive to unite musicians of all skills and interests in the pursuit of equity and opportunity for all."

#### For the Office of Secretary

#### Diane LaFontaine



I didn't grow up in a musical family, but fell in love with handbells the first time I heard them. It wasn't the right time for me to join a handbell choir then,but I knew my time would come. I've been playing bells for

about 30 years, and it never gets old.

For a time my church had two choirs, and I played in both, and also played with another church for a few years, after subbing with them and realizing I liked how they rotated positions.

I love learning new techniques and attending seminars and events when possible. I think the most fun I've ever had with bells was playing with over 700 ringers at the Mall of America for the "Big Ring" in November 2016, and playing "Love Runs Out" by OneRepublic at Anthornis Central 2019. I look forward to playing bells for many years to come!

I work full time for a local school district, and I'm the mother of two girls and grandma of five, with two young great grandsons. They all live close by, so I'm fortunate to see everyone on a regular basis. Work, family, bells, and hobbies keep my busy.

#### Wendee Larson



I am a 25-year member of the Festival Ringers from Zion Lutheran Church in Hopkins, Minnesota. I have been involved in some type of musical activity most of my life, and I remember my

first experience of seeing and listening to a handbell choir; I knew I had to try it and I have loved it ever since.

I have worked for Cargill, Inc. for the last 23 years, twenty of which as an Administrative Assistant. Today my role is Data and Systems Improvement Lead. I have also served as a member of the Cargill Cares Council helping to develop community service activities across Cargill.

I have been married for 34 years to my husband Steve

and we have two adult children, Taylor and Matthew. We enjoy spending time with our family, outdoor activities, and watching Gopher hockey.

#### For the Office of Treasurer

#### Jean Schueller



I have been ringing handbells for almost 30 years. From the first time I picked up a handbell I was hooked and really can't imagine not playing. I started out with the Ecumenibells at the Wesley and Albright Methodist churches in Marshall. When Holy Redeemer Catholic Church purchased a

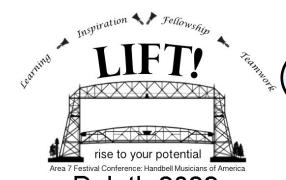
three-octave set of handbells, I quickly became involved ringing and directing both the handbell choir and for three years a children's chime choir. Currently I direct the three-octave handbell choir. I have been directing handbells for close to 20 years. I also play flute for church and with the municipal band. I have been employed by H & B Payroll Solutions since 1979, and I am the treasurer for the Prairie Arts Chorale. My hobbies include crocheting, knitting, cross-stitch, quilting, and gardening. I also enjoy traveling. I am the oldest of seven and have 16 nieces and nephews, six great nephews, and one great niece with two more on the way. My favorite companion is my Yorkshire terrier Lucy.

#### Sally Sterk



Sally Sterk began her handbell career by responding to a poster looking for people interested in learning handbells during her junior year at Concordia College. After moving to Fargo in 2016, she got back in touch with her college director Jessica Westgard Larson, and joined the bell choir

at St. John Lutheran. She has enjoyed the opportunity to push her handbell skills and meet new people by attending past Anthornis and Area 7 Festival events. She is a CPA currently employed at Eide Bailly LLP within the governmental auditing group, and serves on her church finance committee. Previously, she served as treasurer for the Calumet Players, a community theater group in Pipestone, Minnesota. Outside of work and handbells, Sally enjoys knitting, running, playing flute and saxophone, and spending time with her husband Dave and cat Tuffy.



NOTE NEW DATES:

JUNE 10-12 \*

Area 7 Handbell Festival Conference <u>Closing Concert Sunday 1:30PM</u> open FREE TO THE PUBLIC





Cathy Moklebust Bill Alexander Festival Conductors

### Duluth 2022

#### **OPTIONAL ACTIVITIES—DON'T MISS!**



Thursday night June 9
Area 7's private party at
HOOPS BREWERY.
Sing-a-long beer songs,
including one written just
for Area 7 ringers.



# Saturday night June 11 Train cars reserved for Area 7 ringers only. Music, games, pizza, beverages all aboard the North Shore Scenic Railroad.

#### A GREAT VARIETY OF CLASSES TAUGHT FRIDAY & SATURDAY

Bal-A-Vis-X Exercises:
Balance-Auditory-Vision
Boomwhackers
Chair Yoga
Conducting
Craft Class
Handbell Tree Techniques
Mallet Madness
Preparation Away from
the Table

Reading Session: Sight Reading
for Full Choirs
Reading Session: Sight Reading
for Small Ensembles
Ringing Games
Ringing Techniques
Ringing Handbells/Handchimes
Expressively
Small Ensemble Basics-Duets/
Trios
The Doctor Is In



# In concert Friday June 10, 7:30PM Free to Festival registrants. Tickets on sale for the community.

#### **SPECIALTY CHOIRS**

For those who want to ring more than attend classes, two choirs will be formed. Conductors are Cathy Moklebust and Karen Van Wert.



#### **FESTIVAL REPERTOIRE:**

MASSED RINGING—ALL RINGERS WILL PERFORM THESE 5 PIECES, in addition to either the COPPERS or BRONZE pieces.

*On This Day Earth Shall Ring*—Moklebust, 3-5 oct., L3, Choristers Guild Publishing, CGB461, Full Score-CGB460 *Gaudete*—Compton, 3-6 oct plus handchimes, L3+, Alfred Publishing 45753

Sojourner's Prayer—Buckwalter, 3-6 octs, L3, AGEHR Publishing, AG36060

Roundelay—Phillips, 3-6 oct, L3+, Red River Publishing, RRBL5050, Full Score MRRFS5050

Acclamation on Azmon—Sherman, 3-6 oct, L2+, Hope Publishing, HP2395, Full Score HP2395D

#### **COPPERS RINGING DIVISION REPERTOIRE**

*Be Still, My Soul*—Moklebust, 3-5 oct plus handchimes, L3, Alfred 25338 *Elijah Rock*—Tucker, 3-6 oct, L3, Alfred 46877

BRONZE RINGING DIVISION REPERTOIRE—ringers in this division should be proficient at ringing Level 5 music.

Toccata Ritmica—Joy, 5-7 oct, L5, Red River Publishing, RRG5004

Faith That Never Dies—Strepka, 5 oct, Level 3, From the Top Publishing, FM20287, Cello: FM20287i

\* Because the COVID-19 pandemic forced the cancellation of the 2020 Festival, the only dates available at the DECC in 2022 were two weeks earlier than previous Festivals.

Duluth is such a favorite Festival venue for Area 7, make plans now to attend this popular event at the earlier date.

Refer to the Area 7 website for ongoing updates. https://area7.handbellmusicians.org/festival-2022-early-notice/



## **Area 7 Board**

#### Chair

Anita Fraundorf <a href="mailto:chair.area7@handbellmusicians.org">chair.area7@handbellmusicians.org</a>

#### **Chair-Elect**

Jennifer Cadwell chairelect.area7@handbellmusicians.org

#### **Past Chair**

Lee Afdahl pastchair.area7@handbellmusicians.org

#### Secretary

Denean Smith secretary.area7@handbellmusicians.org

#### **Treasurer**

Sally Sterk

treasurer.area7@handbellmusicians.org

#### **Publications Manager**

Bill Alexander

editor.area7@handbellmusicians.org

#### C.H.I.M.E. Representative

Michelle Finlon

chime.area7@handbellmusicians.org

#### **Membership Coordinator**

Deb Madel

membership.area7@handbellmusicians.org

#### **Events Coordinator**

Alanna Teragawa events.area7@handbellmusicians.org

#### **Youth Events Planner**

Jessica Haeder

youthevents.area7@handbellmusicians.org

#### **Historian and Media Library Coordinator**

Dan Ahlman

historian.area7@handbellmusicians.org

#### North Dakota Sub-Area Chair

Karisa L. Templeton

ndakota.area7@handbellmusicians.org

#### South Dakota Sub-Area Chair

Monica McGowan

sdakota.area7@handbellmusicians.org

#### Northern Minnesota Sub-Area Chair

Jordan Goodwater

minnesotanorth.area7@handbellmusicians.org

#### Southern Minnesota Sub-Area Chair

Chad Winterfeldt

minnesotasouth.area7@handbellmusicians.org

#### Twin Cities Metro Sub-Area Chair

Jennifer Jewell

twincities.area7@handbellmusicians.org

#### Northern Wisconsin Sub-Area Chair

Leigh-Ann Lethco

wisconsinnorth.area7@handbellmusicians.org

#### Southern Wisconsin Sub-Area Chair

Stacey Nordmeyer

wisconsinsouth.area7@handbellmusicians.org

#### **Manitoba Representative**

Ron Ver

manitoba.area7@handbellmusicians.org

#### Registrar

Trevor Lee

registrar.area7@handbellmusicias.org